October 2013

Note from the U of M Medical Reserve Corps Coordinator

Modifications have been made to the U of M MRC registry system to make it a more useful tool for emergency response activation and coordination. These modifications make it necessary for existing members to update their information in the system.

An email explaining the updated registry system will be sent out later this week. We ask that all MRC members review the email and update their personal information in the MRC registry accordingly.

Scroll down and check out a number of upcoming training opportunities.

Warm regards,

Kathy

Kathy Hite Berlin RN, PHN
U of M Medical Reserve Corps Coordinator
Academic Health Center Office of Emergency Response

1. Psychological First Aid Training

Psychological First Aid (PFA) is a way to provide psychological support to survivors of disasters. This approach promotes safety, calm, connectedness, and resiliency. The purpose of this course is to equip MRC members to provide psychological support to survivors of disasters.

Tai Mendenhall, U of M MRC Behavioral Health Strike Team Lead will address PFA as it relates to those individuals affected by disasters as well as the responders involved in the disaster response.

Date: Wednesday, October 16

Time: 4:30pm-6:00pm

Location: Mayo Building, room D199

Participants: All U of M MRC members
To Register: Send an email to medicalreserve@umn.edu. Please RSVP by 4:30pm Monday, October 14.

Additional Information: Food and beverages will be provided.

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2. Pharmaceutical Repackaging Team Meeting

The U of M MRC is seeking additional members for its MRC Pharmaceutical Repackaging Team. This team has been formed at the request of the Minnesota Department of Health. Antibiotics are stored in large bulk quantities for use during a public health emergency. Those antibiotics will need to be repackaged into smaller individual bags at the time of the emergency. That repackaging is the responsibility of this team.

We will review team member roles and responsibilities and practice repackaging the antibiotics. Membership on this team may be of particular interest to those MRC members who currently do not have a medical or health professional license.

Click on the link below for more information about this team:

http://youtu.be/CmWL_xS7_ow

Date: Thursday, October 24

Time: 4:45pm-6:15pm

Location: Moos Tower, room 1-450

Participants: Current Repackaging Team members and those interested in learning more about the team.

To Register: Send an email to medicalreserve@umn.edu. Please RSVP by Tuesday, October 22.

Additional Information: Food and beverages will be served.

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3. Bystander CPR Class

Offered 2 days in separate locations

Over 300,000 people die each year in the USA from Sudden Cardiac Arrest. Do you know what to do?
Learn Bystander CPR for the first time or come to practice your hands only CPR skills. During the class you will learn the steps to assist someone who has experienced sudden cardiac arrest, perform hands only CPR and learn to use an Automated External Defibrillator (AED).

This video is a preview of some of the content to be covered in class.

[http://www.heart.org/HEARTORG/CPRAndECC/HandsOnlyCPR/LearnMore/Learn-More_UCM_440810_FAQ.jsp](http://www.heart.org/HEARTORG/CPRAndECC/HandsOnlyCPR/LearnMore/Learn-More_UCM_440810_FAQ.jsp)

**Date:** Thursday, November 7

**Time:** 12:00pm-1:00pm

**Location:** Minneapolis Campus Mayo Auditorium-4th Floor Mayo Memorial Building

**Participants:** MRC members and AHC students, staff, and faculty.

**To Register:** Email medicalreserve@umn.edu. Please RSVP by Monday, November 4. **Pre-registration is required.**

**Additional Information:** Lunch will be served.

**OR**

**Date:** Thursday, November 14

**Time:** 12:00pm-1:00pm

**Location:** St. Paul Campus- Ben Pomeroy Learning Center-Room 215

**Participants:** AHC students, staff, and faculty-class size 30

**To Register:** Email medicalreserve@umn.edu. Please RSVP by Monday, November 11. **Pre-registration is required.**

**Additional Information:** Lunch will be served.

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**4. Respiratory Personal Protective Equipment Fit Testing Team Meeting**

This small strike team has been trained and drilled in the method used to fit test N95 respirators on an emergent basis. This strike team would be activated during a situation when there is a need to fit test a large number of individuals with N95 respirators in a short period of time.

This team currently consists of individuals trained to administer the fit test, registered nurses who review health forms, and support staff whose role is to set up equipment and assist during the fit testing process. Other than the registered nurses, members of this team do not need to
have a health care license or other specific credentials. If you are interested in learning more about the team, we encourage you to attend this meeting.

**Date:** Wednesday, November 13

**Time:** 12:00pm-1:00pm

**Location:** Moos Tower, room 1-435

**Participants:** Open to all MRC members.

**To Register:** Send an email to medicalreserve@umn.edu. Please RSVP by Monday, November 11.

**Additional Information:** Lunch will be served.

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**Member Corner**

**Question:** I am a student in the School of Nursing and am interested in learning more about the Pharmaceutical Repackaging Team. Is membership on that team limited to College of Pharmacy students, staff, and faculty?

**Answer:** Membership on the Pharmaceutical Repackaging Team is open to all interested MRC members. Members of this team do not need a background in pharmacy or a healthcare license.

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**AHC Office of Emergency Response**

**Staff**

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**Website:**

http://z.umn.edu/mrc