



December 2013

## **Member Action Needed: Update MRC Registry Information**

Changes have been made to the U of M Medical Reserve Corps registry system. All members must update or confirm the accuracy of their registry information, paying particular attention to your cell phone number and provider. Our office utilizes the TXT-U system to notify members of important deployment notification. Once you have verified the information is correct, you must click on "Submit".

If you have not updated your MRC registry information in the last month, please do so as soon as possible. Updating your MRC registry information is fast and easy and ensures you will not miss any upcoming MRC deployments and events. Please take a few minutes to update your information by clicking on this link: <http://mrc.ahc.umn.edu>.

Congratulations to the four MRC members whose names were picked from the 366 members who updated their registry last month. They received their \$25.00 Amazon.com gift cards last week.

Warm regards,

Kathy

Kathy Hite Berlin RN, PHN

U of M Medical Reserve Corps Program Coordinator

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### **1. MRC ID Badges**

U of M MRC members are issued photo identification badges once they have viewed the online or in person MRC orientation. These identification badges:

- Identify individuals as members of the University of Minnesota Medical Reserve Corps Program
- Are required to gain access to the scene of an authorized U of M MRC deployment.
- Must be worn during MRC deployments, drills, and exercises so it is visible above the waistline.

Currently there are over 400 unclaimed MRC ID badges in our office. Members can expect an email in the coming weeks detailing instructions on how to obtain a MRC badge and t-shirt.

Those members who have completed the orientation requirements and have not yet received their ID badge and/or t-shirt are asked to email the MRC Coordinator at [medicalreserve@umn.edu](mailto:medicalreserve@umn.edu).

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## 2. Bystander CPR Class

Each year over 300,000 people die in the US from Sudden Cardiac Arrest. The rapid response of bystanders saves lives. During this one hour class you will:

- Learn how to assist someone experiencing sudden cardiac arrest
- Perform hands only CPR
- Learn to use an Automated External Defibrillator (AED)

This link provides some of the content to be covered in class:

Minnesota Resuscitation Consortium 30 sec PSA

<http://vimeo.com/77456466>

**Date:** Tuesday, January 28

**Time:** 12:00pm-1:00pm

**Location:** St. Paul Campus-Ben Pomeroy Learning Center-Room 215

**Participants:** Medical Reserve Corps members and AHC faculty, staff, and students

**To Register:** Email [medicalreserve@umn.edu](mailto:medicalreserve@umn.edu) . Please RSVP by Tuesday, January 21. **Pre-registration is required.**

**Additional Information:** Lunch will be served.

**OR**

**Date:** Wednesday, January 29

**Time:** 12:00pm-1:00pm

**Location:** Minneapolis Campus-Mayo Auditorium-4th Floor Mayo Memorial Building

**Participants:** MRC members and AHC faculty, staff, and students

**To Register:** Email [medicalreserve@umn.edu](mailto:medicalreserve@umn.edu) . Please RSVP by Wednesday, January 22. **Pre-registration is required.**

**Additional Information:** Lunch will be served.

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### **3. Basic Life Support for Healthcare Providers Class**

Basic Life Support for Healthcare Providers class is open for registration to U of M MRC members. The U of M Department of Emergency Management is teaching this class based on the 2010 American Heart Association guidelines. The class covers adult, child, and infant, 1 &2 Rescuer CPR, Automatic External Debrillator (AED) use, bag-mask techniques and relief of choking.

This course is open to healthcare professionals as well as any other MRC member interested in learning these lifesaving skills.

**Date:** Thursday, January 30, 2014

**Time:** 8:00am-12:00pm

**Location:** Minneapolis campus-2221 University Ave. South, room TBD

**Participants:** U of M MRC members-class size limited to 15

**To Register:** Send an email to [medicalreserve@umn.edu](mailto:medicalreserve@umn.edu). **Please RSVP by Friday, January 25. Pre-registration is required.**

**Cost:** The cost of this training is being covered by the Medical Reserve Corps.

**Additional Information:** At the time you register we will arrange for you to receive a copy of the BLS for Healthcare Providers Student Manual. Please read the manual prior to the class meeting.

It is also required that prior to attending this class you will have completed the MRC orientation either by having previously attending an in person orientation or viewing the on-line version.

The on-line MRC Orientation module can be found at the following link:

<http://mediamill.cla.umn.edu/mediamill/embedqt/119484>

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### Website:

<http://z.umn.edu/mrc>

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